

### We **facilitate** senior care solutions.

- Assisting with implementation of physician recommendations.
- Helping you navigate complex treatment plans.
- Managing home care staff to ensure quality care.
- Providing crisis management during hospitalizations and other emergency situations.

### We **advocate** for your family.

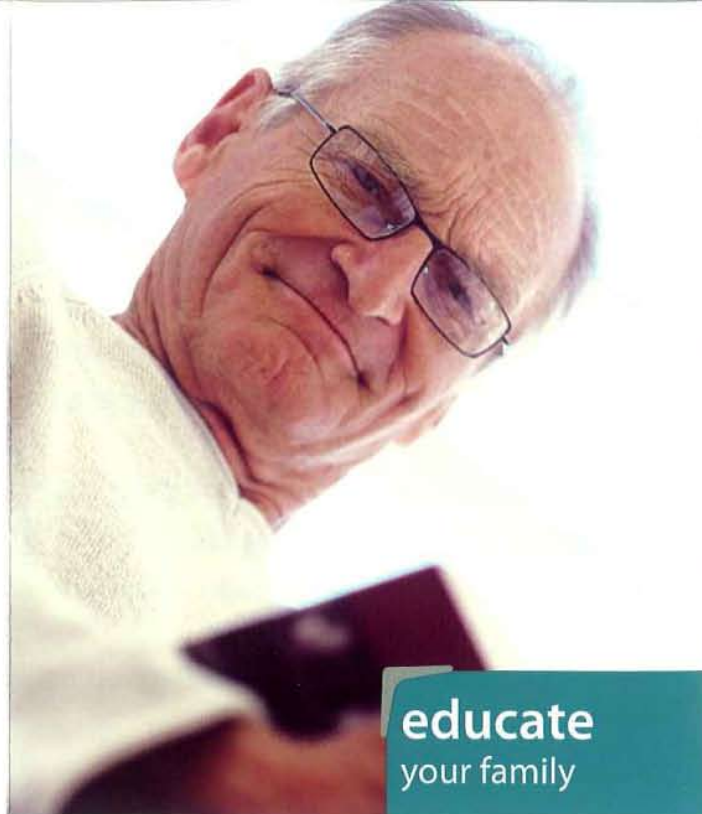
- Knowing and representing your privacy and health care rights.
- Acting as a liaison with service providers, residential care staff, and health care facilities.
- Working on your behalf during hospitalizations to monitor care and make the stay easier.
- Ensuring end of life wishes are documented and honored.

### We **coordinate** care.

- Recommending qualified care resources and providers that meet your specific needs.
- Easing transitions (such as returning home after a rehab stay or hospitalization) by anticipating and addressing possible home care needs.
- Planning health care provider visits to make sure key concerns are discussed.
- Attending appointments to document physician recommendations.

### We **educate** your family.

- Teaching how to live with new conditions and challenges.
- Advising on disease management and wellness strategies in accordance with health care provider recommendations.
- Explaining how to integrate physician recommendations and treatment plans into daily routines to improve overall well-being and quality of life.



**educate**  
your family

Arcadia Resources Inc. is a healthcare company that provides home care, medical equipment, and medication management, consistent with its vision of *"Keeping people at home and healthier longer."* As an independent division, Arcadia Care Management can complement these services by providing care management for seniors and their families. Our unbiased guidance is always in our clients' best interests, and based on advice from experts in geriatric medicine, aging research, nursing, social work and publically funded services for seniors.

To learn more about Arcadia, please visit us online:

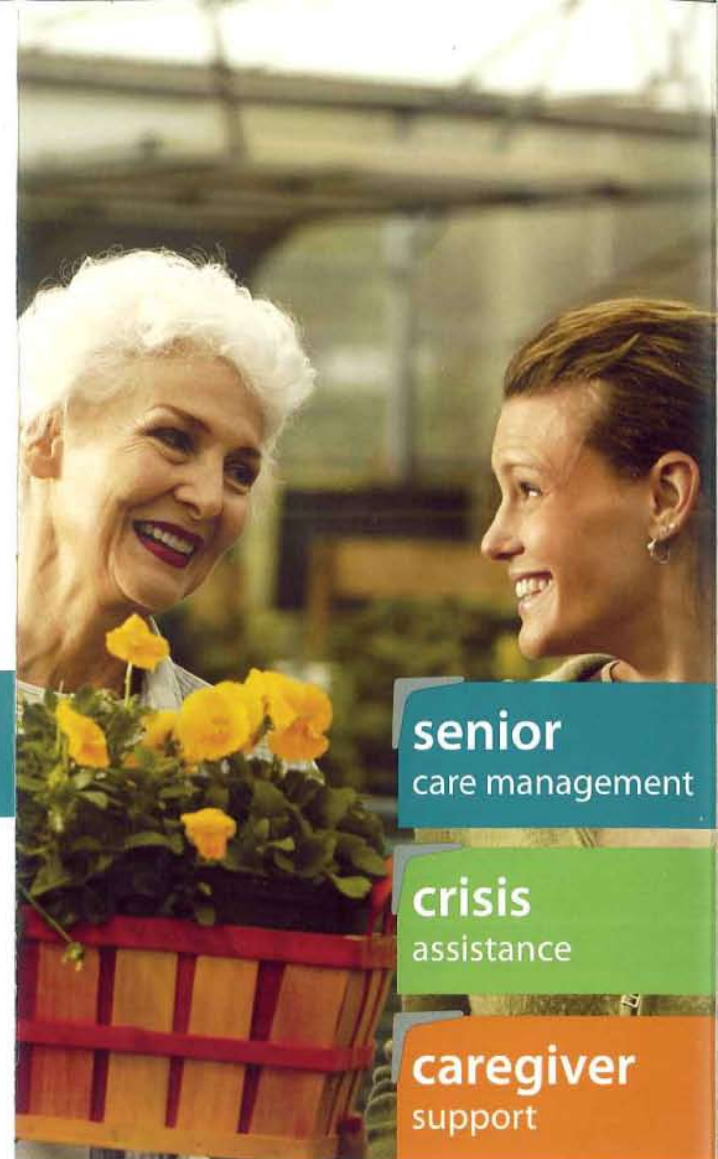
[www.arcadiareourcesinc.com](http://www.arcadiareourcesinc.com)

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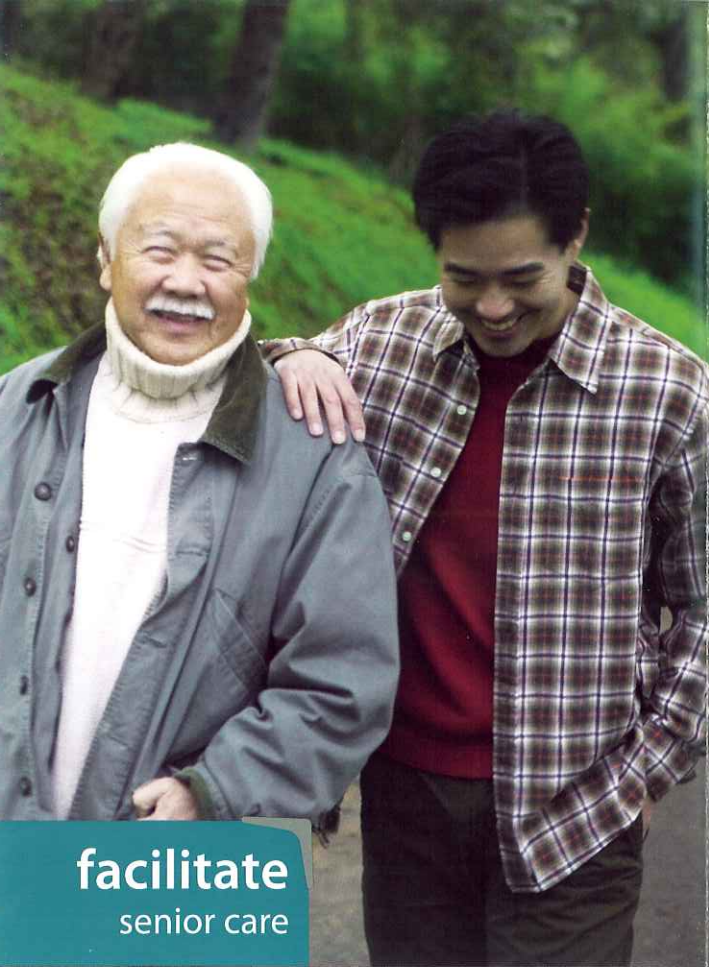
**senior**  
care management

**crisis**  
assistance

**caregiver**  
support



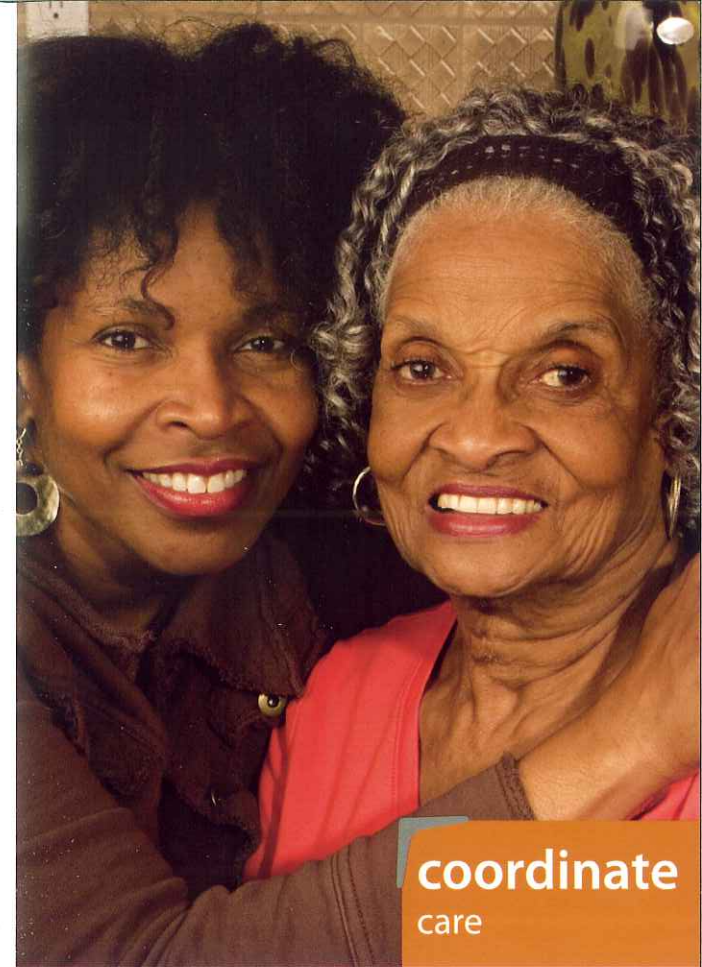




**facilitate**  
senior care

## Arcadia Care Management is your partner in caregiving:

- Coaching and supporting caregivers through difficult situations.
- Protecting your resources by reducing hospitalizations and avoiding unnecessary services.
- Knowing and representing your privacy and health care rights.
- Helping you receive the maximum benefits to which you are entitled.
- Saving valuable time - we know who to call and what to say.
- Avoiding serious mistakes - finding the best the first time.
- Addressing difficult issues like safety concerns, managing multiple diseases, and cognitive decline.
- Identifying the best living environment - whether it's staying at home or finding another residence.
- Providing support during residential transitions.
- Offering a secure web-based portal for seniors and designated family members to view current health care records and health status.



**coordinate**  
care

## How can we help your family?

Navigating the complex and expensive health care system on your own can be difficult and troublesome. We team you with a Health Care Manager - a registered nurse - who is committed to your best interests. Our plans are personalized and our services are tailored to each family that we serve. We solve problems and address the issues of most concern to you and your family, helping you understand your options and make the right decisions.

**ARCADIA**  
Care Management



**advocate**  
for your family

## Arcadia Care Management works closely with families to promote well-being, manage crises, and navigate the complex health care system.

Arcadia Care Management addresses the health and well-being of our clients in a holistic manner. While physical health and medical care are important, we also value the importance of social connections, mental stimulation, emotional well-being, and spiritual contentment. Your Health Care Manager will address each of these needs to strive for the best possible quality of life.